

The Arc of Blair County
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Save the Date
Healthy Relationships
(The "S talk" we all try to avoid)

Wednesday, May 14, 2014 from 9 am to 1 pm
The Arc of Blair County

It is not easy when speaking of personal relationships. Like all of us, people with developmental disabilities experience the changes of their bodies from puberty all the way through their lifetime. Yet, we seldom engage in dialogue of how these changes can affect someone with a disability. We live in a social media frenzied society with sexual suggestions and innuendos all around us. These messages impact people with developmental disabilities. It's time to start the conversation about social boundaries, personal safety, sexuality, body (and mood) changes, and healthy relationships so that we can keep people that we support safe. Join Michelle Garcia, Psy.D and Bev Frantz, PH.D as we explore this complex topic. This important training is for self-advocates, parents, criminal justice professionals and professionals who support people with developmental disabilities.

Check The Arc of Blair County website after April 15 for registration information